

CENTRAL SAANICH



FASTBALL

P.O. Box 333, Brentwood Bay BC V8M 1R3

COVID-19 SAFETY PLAN

All organizations must develop a COVID-19 Safety Plan. In accordance with the order of the Provincial Health Officer, this plan must be posted by your organization.

Step 1: Assess the risks at your workplace Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk. } We have identified areas where people gather } We have identified situations and processes where individuals are close to one another or members of the public } We have identified the equipment that may be shared by individuals } We have identified surfaces that people touch often

Step 2: Implement protocols to reduce the risks Select and implement protocols to minimize the risks of transmission. Look to the following for information, input, and guidance: } viaSport sector guidelines and your sport-specific guidelines. } Orders, guidance, and notices issued by the provincial health officer and relevant to your industry. Updates will also be posted at www.viasport.ca } Municipality or facility guidelines First level protection (elimination): Limit the number of people and ensure physical distance whenever possible } We have established maximum program numbers for our program that meets facility requirements } We have established and posted occupancy limits for common areas such as meeting rooms, change rooms, washrooms, and elevators (if applicable) } We have implemented measures to keep participants and others at least 2 metres apart, wherever possible Measures in place List your control measures for maintaining physical distance in your environment: • Designated player, coach and spectator areas • Instructions to coaches, umpires, and all association members • Distancing Monitors at each softball event • Signage posted throughout the park Second level protection (engineering): Barriers and partitions This is mostly inapplicable to CSE but if we elect to open our concession at some point this season we will install barriers between workers and customers Third level protection (administrative): Rules and guidelines } We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves. } We have clearly communicated these rules and guidelines through a combination of training and signage. Measures in place • Staggered start times for the diamond to limit numbers of people coming and going at once • Using the entrance at the end of the park closest to your diamond • No sharing of equipment unless necessary and in such case wiping down equipment regularly Fourth level protection: Using masks (optional measure in addition to other control measures) } We have reviewed the information on selecting and using masks and instructions on how to use a mask } We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented. } We have trained individuals on the proper use of masks (if applicable). Measures in place • Masks are mandatory for umpires calling games from behind the plate and for those providing first aid. Masks are recommended for other participants though we are also mindful of the dangers of exertion while wearing masks Reduce the risk of surface transmission through effective cleaning and hygiene practices } We have reviewed the information on cleaning and disinfecting surfaces } Our sport facility has enough handwashing stations on site for our participants. Handwashing locations are visible and easily accessed. } We have communicated good hygiene practices to participants, coaches, volunteers, etc. We have implemented cleaning protocols for all common areas and surfaces } Workers who are cleaning have adequate training and materials } We have removed unnecessary tools and equipment to simplify the cleaning process Cleaning protocols •

CENTRAL SAANICH



FASTBALL

P.O. Box 333, Brentwood Bay BC V8M 1R3

Sanitation champions will clean high touch surfaces before each group takes the field and will sanitize shared equipment during softball sessions • The parents are responsible for the cleaning of the washrooms throughout and after games. • Should CSE choose to open its concession at some point in the season, cleaning protocols will be put in place for that

Step 3: Develop policies Our policies ensure that participants, volunteers, umpires, spectators and others showing symptoms of COVID-19 are prohibited from participating in and attending sport activities } Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache } Anyone directed by Public Health to self-isolate } Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms } Our policy addresses individuals who may start to feel ill while participating. It includes the following: Sick individuals should report to first aid (or designated individual), even with mild symptoms } Sick persons should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the person to go straight home. [Consult the BC COVID-19 SelfAssessment Tool, or call 811 for further guidance related to testing and self-isolation] } If the person is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill worker has come into contact with